

Your Voice Matters

A Conversation About
Counselling Services
for Survivors of Abuse



Have you received counselling for abuse through Thunder Bay Counselling?

We are inviting **women and female-identifying individuals** to join a small group conversation to help us learn how counselling services can better support survivors in our community.

Join us for **a meal, a creative activity, and a guided conversation** about counselling services for women and female-identifying people who have experienced abuse (emotional, financial, physical, and/or sexual).

Your experiences and perspectives can help us:

- Understand what services women need most
- Improve how people learn about available supports
- Make it easier for people to access the help they need

Your voice will help shape future services for survivors in Thunder Bay.

Choose One Session

Please register for **one** of the following sessions:

Thursday, April 16, 2026
1:00 – 3:00 PM

Friday, April 17, 2026
9:00 – 11:00 AM

Monday, April 20, 2026
5:30 – 7:30 PM

Location

Thunder Bay Counselling
544 Winnipeg Avenue
Thunder Bay, ON

To Register:

Email: valin.sacchetti@tbaycounselling.com
Phone: (807) 683-4706

Supports Available

Transportation costs within the city and childcare expenses can be covered if needed. Allergies and dietary restrictions can be accommodated”

Participation is voluntary. You may choose what you wish to share. Your comfort and safety are important to us. Your participation will remain anonymous and no information will be shared about you or the services you've received outside of this focus group.