



Thunder Bay Counselling

Substance Use Health Services

No Cost | No Waitlist

We offer **Substance Use Health Services** including:

- Outpatient counselling for substance use health and mental health
- Assessments and referrals to intensive treatment
- Outreach/case management

Access services by dropping in for a group session where you will:

- Complete an intake
- Book an appointment with a Counsellor

**Tuesdays from 1:30–3:30 PM at
Thunder Bay Counselling
544 Winnipeg Ave, Thunder Bay**

Other Ways To Access:

EMAIL appointments@tbaycounselling.com

CALL 807-684-1880

Must be 18 years of age or older