

FULL-TIME PERMANENT

Counsellor/ Psychotherapist



Thunder Bay Counselling is currently looking to fill the full-time permanent position of Counsellor/Psychotherapist. This position will be dedicated to serving clients through the Ontario Structured Psychotherapy Program and will provide evidence-based, short term, client centered Cognitive Behavioural Therapy (CBT) and related approaches to individuals with mild to moderate mental health issues related to obsessive compulsive disorder, health anxiety, panic, phobias, social anxiety, depression and trauma.

About Thunder Bay Counselling

Thunder Bay Counselling is a community-based organization that is widely respected for its progressive work environment and forward-thinking approach; from clinical practices and new technologies to flexible work arrangements and

professional development opportunities, Thunder Bay Counselling provides a supportive working environment with competitive compensation and benefits.

About Ontario Structured Psychotherapy

Thunder Bay Counselling is a Service Delivery Site for the Ontario Structured Psychotherapy (OSP) Program offered through St. Joseph's Care Group. The OSP supports adults (aged 18 or older) who have depression, anxiety, and anxiety-related

conditions. Through the OSP program, individuals can access provincially funded, short-term, evidence-based cognitive behavioural therapy (CBT) through a stepped care model.

As part of this position, the successful candidate will:

- Receive comprehensive Cognitive Behavioural Therapy (CBT) training and clinical supervision through the OSP program at no personal cost, in time or money
- Become certified in CBT, enhancing your clinical skills and professional credentials
- Join a province-wide initiative making structured psychotherapy more accessible

“The intensive CBT training, rooted in evidence-based practices, really broadens your scope of practice. It helps you feel confident that you’re providing high-quality care to your clients.”

– Lisa Govier-Stachow, MSW, RSW, Counsellor/Psychotherapist with the Ontario Structured Psychotherapy Program

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Areas of Responsibility

- Providing individual protocol-based structured psychotherapy, including CBT and CPT, in adherence with the OSP Clinical Training guidelines
- Conducting clinical assessments to identify symptoms, develop treatment goals and to inform individualized treatment plans including discharge planning
- Actively participating in safety planning in consultation with the OSP Clinical Coordinator when required
- Participating in the OSP Clinical Training Program and ongoing professional education when required
- Participating in ongoing and regular clinical consultation and related clinical activities
- in adherence with OSP fidelity monitoring requirements and program guidelines
- Maintaining accurate and timely documentation and reports, including collecting relevant data to evaluate client and service outcomes
- Identifying when client needs are no longer in scope of the service offered and working within a stepped care model to ensure appropriate services are based on client needs
- Working in collaboration with the OSP Clinical Coordinator to arrange step up or step down care
- In consultation with the OSP Clinical Coordinator, providing service navigation and supports for clients who are stepping out of the OSP program

Qualifications

The successful candidate requires at minimum:

- Registration with the Ontario College of Social Workers and Social Service Workers or the College of Registered Psychotherapists of Ontario
- Masters level degree in a social science with a minimum of three (3) years' experience or Bachelor level degree with a minimum of five (5) years' experience providing counselling/psychotherapy
- Ability and willingness to participate in 18 months of intensive training to become a certified CBT therapist
- Ability and willingness to commit to a minimum of three (3) years of employment with TBC in this role

Benefits

Benefits include life, accident and critical illness insurance, extended health coverage, dental coverage, Employee Assistance Program, group retirement plan, and Paid Time off benefits (28 days per year at start of employment).

Salary Range

\$40.02 – \$47.53 per hour

Application Deadline

Wednesday, June 11th at 4:30 p.m.

Qualified applicants are invited to submit resume and cover letter to:

Carolyn Loiselle, HR Assistant
careers@tbaycounselling.com

Thunder Bay Counselling celebrates and supports the differences in thoughts, views and beliefs that come from diversity in race, colour, abilities, gender identity and expression, sexual orientation, age, religion, relationship and family status, and socioeconomic backgrounds. We strive for a workforce that is representative at all levels of the people we serve. We encourage and welcome applications from qualified individuals of equity deserving groups. Accommodations are available upon request at any stage in the selection process.