

Brave Horizons

A FREE SUPPORT GROUP FOR MALE SURVIVORS
OF SEXUAL ABUSE

This 8-Week Group will provide a safe place with opportunities to:

- Talk about your experience
- Learn about the issues
- Develop new coping strategies
- Recognize defenses
- Reconnect with self and others
- Reduce feelings of isolation
- Be vulnerable
- Remember and mourn your abuse

For more information, please contact us at

(807) 684-1880