

# Attending court can be difficult

Here are some tips and tricks to help you **before court**

## Before Attending Court

- The court process can take months or years. Be patient.
- Keep your subpoena. You might need to hand it in at work or school.
- If court is in the district, know that the location is often not a formal courthouse, but could be a hotel or community centre.
- Consider bringing a support person with you to court.
- Go to bed early the night before court and remember to eat breakfast in the morning.
- Dress comfortably, in a neat and tidy manner and avoid wearing clothing with inappropriate images and/or language.
- Bring a snack as you could be there longer than planned.
- Don't forget your phone charger.
- Be on time.

## At the Thunder Bay Courthouse

- You will have to go through security when you enter the building. You and your personal items will be scanned by a machine checking for potentially dangerous items.
- When it's your turn to enter the courtroom, you will be paged, or a court support staff will locate you. Be prepared to wait.
- Use the bathroom before you go into the courtroom.
- Hats or hoods are not permitted in the courtroom except for cultural and spiritual dress.
- Sunglasses cannot be worn in the courtroom except for medical purposes.
- Remember you are not in trouble and have done nothing wrong.

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