

BELIEVE



ROAD TO

WELLNESS GROUP

THE ROAD TO WELLNESS GROUP is a group for people who are having problems in their life because of substance use. You can attend no matter where you are at in your journey if you'd like to learn about making changes.

To register for the group or speak with your Thunder Bay Counselling Addiction Counsellor, please call

807-684-1880

Dates:

Ongoing weekly group
Thursdays 1:30pm – 3:00pm

Location:

Thunder Bay Counselling
544 Winnipeg Avenue,
Thunder Bay

Eligibility:

Adults aged 18 or older.

