

Find a New Career Path

Counsellor/Psychotherapist
Ontario Structured
Psychotherapy Program

Full-Time Permanent Opportunity



FULL-TIME PERMANENT OPPORTUNITY

Thunder Bay Counselling is currently looking to fill the full-time permanent position of Counsellor/Psychotherapist. This position will be dedicated to serving clients through the Ontario Structured Psychotherapy Program and will provide evidence-based, short term, client centered Cognitive Behavioural Therapy (CBT) and related approaches to individuals with mild to moderate mental health issues related to obsessive compulsive disorder, health anxiety, panic, phobias, social anxiety, depression and trauma.

COUNSELLOR/PSYCHOTHERAPIST

Ontario Structured Psychotherapy Program

ABOUT THUNDER BAY COUNSELLING

Thunder Bay Counselling is a community-based organization that is widely respected for its progressive work environment and forward-thinking approach; from clinical practices and new technologies to flexible work arrangements and professional development opportunities, Thunder Bay Counselling provides a supportive working environment with competitive compensation and benefits.

ABOUT ONTARIO STRUCTURED PSYCHOTHERAPY

Thunder Bay Counselling is a Service Delivery Site for the Ontario Structured Psychotherapy (OSP) Program offered through St. Joseph's Care Group. The OSP supports adults (aged 18 or older) who have depression, anxiety, and anxiety-related conditions. Through the OSP program, individuals can access provincially funded, short-term, evidence-based cognitive behavioural therapy (CBT) through a stepped care model.

AREAS OF RESPONSIBILITY

- Providing individual protocol-based structured psychotherapy, including CBT and CPT, in adherence with the OSP Clinical Training guidelines
- Conducting clinical assessments to identify symptoms, develop treatment goals and to inform individualized treatment plans including discharge planning.
- Actively participating in safety planning in consultation with the OSP Clinical Coordinator when required.
- Participating in the OSP Clinical Training Program and ongoing professional education when required.
- Participating in ongoing and regular clinical consultation and related clinical activities in adherence with OSP fidelity monitoring requirements and program guidelines.
- Maintaining accurate and timely documentation and reports, including collecting relevant data to evaluate client and service outcomes.
- Identifying when client needs are no longer in scope of the service offered and working within a stepped care model to ensure appropriate services are based on client needs.
- Working in collaboration with the OSP Clinical Coordinator to arrange step up or step down care.
- In consultation with the OSP Clinical Coordinator, providing service navigation and supports for clients who are stepping out of the OSP program.

KNOWLEDGE AND SKILLS

The successful candidate should be able to demonstrate:

- Knowledge of:
 - The science and practice of psychotherapy, specifically CBT and CPT
 - The application of CBT for depression, anxiety disorders and obsessive-compulsive disorders
 - The application of CPT for post-traumatic stress disorder
 - Diagnostic categories and criteria as listed in the DSM-5
- Superior communication skills
- Strong analytical and reasoning skills
- Ability to develop and maintain strong working relationships within an inter-professional team
- Attention to detail in collecting and reporting measurement based care data and documenting clinical information in a timely and efficient manner
- Commitment to ensuring adherence and fidelity to OSP treatment models and protocols

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QUALIFICATIONS

The successful candidate requires at minimum:

- Registration with the Ontario College of Social Workers and Social Service Workers or the College of Registered Psychotherapists of Ontario
- Masters level degree in a social science with a minimum of three (3) years' experience or Bachelor level degree with a minimum of five (5) years' experience providing counselling/psychotherapy
- Documented evidence of formal CBT and CPT training with supervision/clinical consultation is preferred
- Certification with the Canadian Association of Cognitive and Behavioral Therapies (CACBT) is an asset

SALARY RANGE

\$36.63 – \$43.50 per hour

BENEFITS

Benefits include life, accident and critical illness insurance, extended health coverage, dental coverage, Employee Assistance Program, group retirement plan, and Paid Time off benefits (28 days per year at start of employment).

APPLICATION DEADLINE

Date: Tuesday, October 24, 2023

Time: 4:30pm

Qualified applicants are invited to submit résumé and cover letter to:

Allane Danchuk, Director of Business & Finance
careers@tbaycounselling.com

Thunder Bay Counselling is an equal opportunity employer. We celebrate and support the differences in thoughts, views and beliefs that come from diversity in race, colour, abilities, gender identity and expression, sexual orientation, age, religion, relationship and family status, and socio-economic backgrounds. We strive for a workforce that is representative at all levels of the people we serve. We encourage and welcome applications from qualified individuals of equity groups. Accommodations are available upon request at any stage in the selection process. Only those granted an interview will be contacted.
