

Counselling Fees

Effective April 1, 2023, the fee for counselling is \$125 per hour.

THUNDER BAY
COUNSELLING
SOLUTIONS THAT CHANGE LIVES



Many of our Counselling Programs are fully funded through the Province of Ontario. There are also multiple other options for having the fee covered. Talk to our Intake staff about options available to you.

Payment Options

1. Direct Payment Options

Counselling services can be paid for in full by debit, credit or e-transfer.

2. Employee Assistance Programs

Many employers purchase counselling services on behalf of their employees and family members. We encourage you to check with your employer to determine if they have purchased an EAP through Thunder Bay Counselling.

3. Extended Health Care Insurance Benefits

Many people have access to counselling through their extended health care benefits. The amount of coverage varies from plan to plan and we encourage you to check with your insurance provider to determine your level of coverage.

4. First Nation Inuit Health Branch (Non-Insured Health Benefits)

Funding may be available for First Nations individuals (with a status card).

5. Indian Residential School Claims

Funding is available for First Nation people who experienced abuse while attending an Indian Residential school. Family members impacted by the client may also be eligible for funding.

6. WSIB

Funding may be available for people injured at the workplace as well as family members under specific circumstances.

7. Victim Quick Response Program (VQRP)+

Short term counselling services may be available to victims, their immediate family members and witnesses in the immediate aftermath of a violent crime.

8. Long-Term Disability Insurance Benefits

For people presently receiving long-term disability benefits, there may be coverage for counselling from the insurance company.

9. Provincial Government

Counselling services funded by the Province of Ontario are available for women and their children who have experienced domestic violence, individuals and families struggling with substance abuse, men who have experienced sexual abuse and/or assault, and for youth aged 12 to 25.

10. Grants and Other Funding

Grant and other funding is often available for people with mild to moderate mental health issues who are otherwise unable to access counselling.