



# Youth Outreach Counselling

**YOUTH! If you're ready to  
talk, we're ready to listen.**



Thunder Bay Counselling has Youth Outreach Counsellors available to provide short-term counselling support to youth ages 12 to 25 and their families. Youth Outreach Counsellors serve as a clinical “bridge” in situations where a youth is in crisis and services are not immediately available or a youth requires support in accessing further community services for issues related to:

- Substance use
- Mental health
- Trauma
- Relationship violence
- Human/sex trafficking
- Criminal activity
- Personal and/or family relationships.

The program is designed for youth facing multiple barriers to well-being and success. They may be disengaged from their communities or mainstream services, not attending school, not employed or hard to reach.

Youth Outreach Counsellors can meet youth where they are at to make a connection and start the conversation.

**Call or text a Youth Outreach Counsellor:  
(807) 632-1223 or (807) 633-8273**