

VOLUNTEER OPPORTUNITY CHOICES PROGRAM

WHO DID YOU LOOK UP TO WHILE GROWING UP?

We've all had special people in our lives that we admire – why not be that person for someone else?

If you're an adult who wants to give back to the community and youth, consider [volunteering for our CHOICES program!](#)

We're looking for individuals who have personal experiences they'd like to share with youth in the community that can help them forge their own path.

Volunteers participate every week for 10 weeks as role models, supporting youth to find the right direction in life.

We know life can get in the way sometimes. If you're interested in volunteering but are concerned about personal barriers such as [transportation](#) or [child care](#), let us know and [we can help you out](#).

We also offer flexibility - both [day and evening opportunities](#) are available in [2 1/2 hour shifts](#).

➤➤➤ **2023 TRAINING (Mandatory)**
Saturday, January 21st • 9am to 5pm

You must be 19 years of age or older and fully vaccinated against COVID-19.

APPLY TODAY!

www.tbaycounselling.com/volunteer/