



WE'VE GOT SOLUTIONS

Fall Training Courses

2-DAY TRAINING

LEARN THE SKILLS TO DEAL WITH A MENTAL HEALTH CRISIS

October 8 & 9, 2019
8:30 - 4:30 p.m.
Insight on Memorial
(594 Memorial Avenue)
\$200 per person
Cancellation fee may apply.

REGISTER EARLY ONLINE!
MAXIMUM OF 25 PARTICIPANTS
tbaycounselling.com



Mental Health Commission of Canada
Commission de la santé mentale du Canada



MHFA is the help provided to a person developing a mental health problem or experiencing a mental health crisis. Just like physical first aid is provided until medical treatment can be obtained, **MHFA** is given until appropriate support is found or until the crisis is resolved.



MHFA training is now available to employers for the workplace.
Call 807.684.1880