



UTURN

Info Pack




UTURN

Turning Young Lives Around.

Ask us about addiction and mental health services and more choices for young people in Thunder Bay

support connections
counselling information
treatment advice

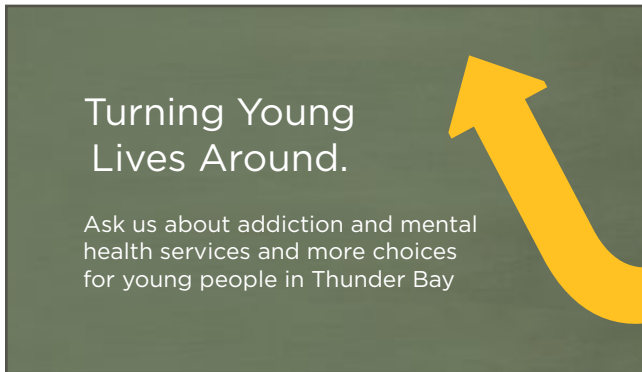
A partnership between

 <p>Children's Centre THUNDER BAY</p> <p>New Experiences Program</p> <p>☎ 1 (807) 343 5000</p> <p>🌐 www.childrenscentre.ca</p>	 <p>ST. JOSEPH'S CARE GROUP</p> <p>Sister Margaret Smith Centre</p> <p>☎ 1 (807) 684 5100</p> <p>🌐 www.sjcg.net</p>	 <p>THUNDER BAY COUNSELLING CENTRE SOLUTIONS THAT CHANGE LIVES</p> <p>Addiction Services</p> <p>☎ 1 (807) 684 1880</p> <p>🌐 www.tbaycounselling.com/uturn</p>
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Contact Cards



-  Children's Centre Thunder Bay
283 Lisgar Street, P7B 6G6
-  1 (807) 343 5000
-  www.childrenscentre.ca



-  Sister Margaret Smith Centre
301 Lillie Street North, P7C 0A6
-  1 (807) 684 5100
-  www.sjcg.net



-  Thunder Bay Counselling Centre
544 Winnipeg Avenue, P7B 3S7
-  1 (807) 684 1880
-  www.tbaycounselling.com/uturn

3.5 x 2 inches | Web and print ready PDFs available

U-TURN Stories



#feelingsmall

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“U-TURN steered me in the right direction. I was feeling like I needed to talk to someone but had nowhere to turn. I wasn’t sure where to go for help.”
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#onescrazinessisanothersreality

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“After getting in touch with U-TURN, I talked with a real person who told me what programs are out there and what was available to me. I didn’t feel stupid or scared, everyone is nice and friendly. They don’t talk to you like you’re a kid.”
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#can'tspeak

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“Since I started counselling, I have started to feel better. I’m not judged or anything and I and I really get out what’s on my mind.”
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Web Button



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