



# WE'VE GOT SOLUTIONS

## Spring Training Courses

# 2-DAY TRAINING

LEARN THE SKILLS  
TO HELP SAVE A  
LIFE FROM SUICIDE.



**May 16 & 17, 2019**  
**8:30 - 4:30 p.m.**  
**Thunder Bay Counselling**  
**\$200 per person**  
**Max 30 Participants**

*Applied Suicide Intervention Skills Training (ASIST)* is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

**REGISTER EARLY ONLINE!**  
**MAXIMUM OF 30 PARTICIPANTS**  
**[tbaycounselling.com](http://tbaycounselling.com)**



**ASIST training is now available  
to employers for the workplace.**  
**Call 807.684.1880**