

Attention: Masters Level Clinicians

EMDRIA-Approved EMDR Basic Training Courses

Offered by: Fraser EMDR Training

(A 2-Part Course with 30 lecture hours, 20 practicum hours, & 10 consultation hours)

www.EMDRtraining.ca

Part One Course (3.5 day): Sept. 28, 29, 30 and Oct. 1, 2008 Thunder Bay

Part Two Course (3 day): November 20, 21, 22, 2008 Thunder Bay

Training Site: Thunder Bay Counselling Centre, 544 Winnipeg Ave., Thunder Bay

What is EMDR?

Developed in the United States in 1988, Eye Movement Desensitization & Reprocessing (EMDR) has quickly come to be validated on an international level as a highly effective and efficient therapy for the permanent elimination of the symptoms of stress and trauma. The American Psychiatric Association has given EMDR the same effectiveness-status as Cognitive Behavioural Therapy, the US Dept. of Veterans Affairs & Dept. of Defense has placed EMDR in the highest category of recommended therapies for the treatment of PTSD, and the International Society for Traumatic Stress Studies (ISTSS) also designates it as an effective treatment. EMDR has been approved by a number of international health and governmental agencies in Europe, South America and the Middle East. First used with victims of PTSD with symptoms like flashbacks, phobias and panic attacks, EMDR has come to be relevant to the whole continuum of these and other difficulties that our clients refer to when they say they are "stressed out"(like anxiety, depression, over-reactive anger, intrusive thoughts, irritability, worrying, disturbed sleep, and so on).

Who can do EMDR Training?

Training in EMDR therapy is open to clinicians who have obtained at least a Masters level education who are members of a regulatory body (social workers, psychologists, nurses, physicians, psychiatrists, psychotherapists etc.) or other Master's clinicians who belong to a self-regulating body. Professional Liability Insurance must be held by yourself or your employer.

How do I learn more?

More information about this clinical training course and registration forms, please go to [EMDR training](#) or contact Fraser EMDR Training, c/o Barbara Horne at (905) 687-6866. For further information about EMDR, go to the EMDR International Association (EMDRIA) website at www.emdria.org.

- The Provider maintains full responsibility for this Basic EMDR Training

This training is co-sponsored by
THUNDER BAY COUNSELLING CENTRE
and
E. Ruth Cummins, MSW, RSW
Certified EMDR Therapist and EMDR Consultant in Training